

OJIBWE INAAJIMOWIN

THE
STORY
AS IT'S
TOLD

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PREPARED TO SERVE

NEW COMMISSIONER OF
ADMINISTRATION
CATHERINE COLSRUD

PAGE 4

ELDER PROFILE:
STILL HITTING
HOME RUNS

RIVAL HOUSE
OPENS FOR
BUSINESS

NEW BAND
ELECTED OFFICIALS
SWORN IN

ANISHINAABE
IMMERSION
CAMP

MESSAGE FROM THE CHIEF EXECUTIVE

MELANIE
BENJAMIN
CHIEF EXECUTIVE



On July 8, we wished our outgoing elected officials well and said Miigwech to them for their service to the Band. We also welcomed three new members to the Band Assembly, and I'm excited to work with the new Band Assembly and energized about what we can accomplish as a team. The entire Band government does the best work for Band members when we function in cooperation.

I've been thinking about teamwork a great deal this month. While revenue from our businesses fund a portion of Band programs, a significant portion of Band government is funded from grants and contracts with the federal government and other agencies and organizations. The Executive Branch staff and Commissioners work hard to identify these funding opportunities. Then it is my responsibility as Chief Executive to advocate for the funding and "seal the deal," so to speak, which requires strong relationships with policy-makers and frequent travel to Washington D.C.

Because we have excellent staff, I've traveled to Washington D.C. four times in just the past eight weeks representing the Band and advocating for our issues. The results of this team approach are significant, most recently including nearly a \$1.4 million appropriation from the Congress for the wastewater treatment facility, and a line item in a congressional bill which we hope will lead to the reopening of the Pine Grove Leadership Academy.

The Band Assembly plays a critical role in this team process as well. It is their responsibility to appropriate and monitor the funds, and to legislate and ensure our government is strong and stable. Stability is what funders look for when making grants to Indian tribes. And then of course the Judicial Branch provides the checks-and-balances, ensuring we are operating within the scope of Band law.

In the spirit of teamwork, this month I'm going to print the text of my speech that I gave at the swearing-in ceremony, because working together was the primary focus of my remarks. I hope all Band members will take a moment to thank our outgoing elected officials for their service when you see them, and support the new members of the Band Assembly as well. By coming together as a community, I know we will be successful in improving our services and opportunities for every Band Member to succeed! Miigwech!

Speech from Inauguration Ceremony

Aniin, Boozhoo! As Chief Executive, it is my honor to welcome everyone to the 2014 Inauguration Ceremony for our new elected officials. Today we are here to celebrate public service. We commend and thank those who have served the Band, and congratulate those who will serve the Band.

Curt Kalk has served as Speaker of the Assembly for four years. This is a very difficult job, and includes huge responsibilities, which Curt performed well. Curt also has a deep history of service to the Band and our country, including his time as Commissioner of Natural Resources, and his service in the U.S. Marine Corps.

Marvin Bruneau served District II for 24 years, which makes him the longest serving District Representative in the modern history of the Band. Marvin also has a long record of public service to the Band and his community in District II and deep commitment to public service.

Diane Gibbs has been an active member of the District III

community for many years in many roles, including her past four years as District Representative. She has a deep love of her family and community, which has shown in her commitment to public service.

As a Band, we don't show our gratitude to public servants enough. So I want us to take this time to thank and acknowledge the service of these three great Band Members: Curt, Marvin, and Diane, Chi Miigwech for all that you have done for the Mille Lacs Band of Ojibwe. We are deeply appreciative of your commitment to the Band.

I also congratulate those who are about to become our newest public servants. To incoming Speaker Carolyn Shaw-Beaulieu, District II Representative David Niib Aubid, and District III Representative Harry Davis, Miigwech for your willingness to serve the Band! Congratulations on your successful election! I am so excited to work with you. Each of you brings experience and commitment to your new positions, and I am committed to working in partnership with you.

At moments like this, I like to think back on how our current government structure was developed. When Art Gahbow, Doug Sam and Marge Anderson decided to separate out the RBC into Executive, Legislative and Judicial Branches, they did not do it to divide the government. They did this to provide better services to the people.

In the 1980's, they found the RBC was getting too busy with the day-to-day issues, without enough time to focus on the larger issues such as protecting sovereignty, self-determination, and our treaty rights. They decided that their time would be better spent dividing into three separate branches, each with unique leadership roles. They wanted the Executive Branch to have commissioners to focus on the day-to-day matters, whether natural resources, education, health, or other program areas. They had learned that politics and business don't mix well, and decided to divide out business decision-making to a corporate commission.

They saw the legislative branch as a body that would write laws, appropriate money for programs, and conduct oversight over financial affairs. They wanted to make sure the people of the Band were in charge of the money through their elected officers. They saw the Judicial Branch as making sure the other two branches followed the laws, and as a place where Band members would receive justice.

In their vision, they did not separate out the three branches to cause division. They separated into three branches so we could work better together and get more done for the people!

When I think about these elected jobs, I don't think about power. I think about responsibility. I think about the special duty we have to provide services to Band members, not just today, but seven generations from today. Dr. Martin Luther King Jr. has a quote I admire: "Power properly understood is nothing but the ability to achieve purpose. It is the strength required to bring about social, political, and economic change. In this sense, power is not only desirable — but necessary — in or-

der to implement the demands of love and justice." (1967

To me, that is what power is about: love, justice, wisdom and strength. In our values, we have the Seven Grandfather teachings we follow. When it comes to governing, all seven of them apply. Those that I try to keep in mind are kindness and wisdom.

As leaders, we must exercise power with compassion and kindness, keeping in mind the needs of the community. I was recently talking with one Elder, who was letting me know that he does not like it when he thinks the elected officials are fighting with one another. I told him that fights are rare, but over the years there have been times when elected officials were not talking to one another. This Elder said, "to me, when you're not talking to each other, you ARE fighting."

As Chief Executive, I pledge here today that the Executive Branch will have always have open lines of communication



Chief Executive Melanie Benjamin giving her speech at the Inauguration Ceremony for elected officials on July 8.

with both branches of government. I am so excited to work with you, and look forward to the great things we can accomplish for the Band.

We each have different callings in life. Some of us as spiritual leaders, as police officers, as teachers... some of us are called upon to do public service. We have to make sure that when we carry out our duties of public service, we are doing our best for the people who elected us, and that we are always working for change and improvement for every Band member. But we always need to keep a focus on those who need help the most.

The great Hubert H. Humphrey once said, "the moral test of government is how that government treats those who are in the dawn of life — the children — those who are in the twilight of life — the elderly — and those who are in the shadows of life, the sick, the needy and the handicapped."

That is our responsibility as public servants, and I look forward to working with the new Band Assembly to do our best to meet that test. Congratulations to each of you! Miigwech!

Melanie Benjamin

Office of Community Development Update: Summer Construction

Katie Draper Commissioner of Community Development

The office of Community Development has had a busy summer as we work to improve the area via new construction projects and renovations.

We spend a lot of time in a variety of planning meetings, taking into account input from Mille Lacs Band elected officials and the housing board. We intend to work on a process to receive more productive input from the greater community in the future.

When starting new projects, the department concentrates on the most needed areas in regards to population and waiting list size. We do not rush this process to break ground – it takes a lot of planning and consideration before moving forward with the build.

A majority of our construction/renovation projects are funded from the housing initiative budget (5% of the net revenue allocation plan).

Included below is an outline of our Master Project Schedule. Our intention is to be as transparent as possible in order to educate the public to our department's process.

We appreciate your patience as we constantly strive to develop the area that we live, work, and raise our families.

District I Community Development Schedule

Project	Contractor	Start	End	% Complete
Commercial — New				
Traditional Grounds Garage Heater	Rogers			0%
Traditional Grounds Septic	Dirt Doctor	5/15/14		10%
Pow Wow Arena: Architecture	DSGW	2012	8/5/14	90%
Pow Wow Arena: Construction	Ebert Construction	11/4/13	8/5/14	60%
Commercial — Remodel				
Budget Host Remodel Archeotecture	Architecture Advatage	6/24/14		5%
Residential — New				
Bugg Hill Playgrounds	TBA			20%
44885 Biboon Ct. Duplex w/o garages	TBC			0%
47322 Lost Creek (Poplar w/o garage)	TBA			0%
16517 Nay Ah Shing Drive (Alder)	Posted for bid			0%
16013 Nay Ah Shing Drive (Birchwood)	Posted for bid			0%
15670 Nay Ah Shing Drive (Walnut)	Posted for bid			0%
17193 Ogidaki Ct Demo & Replace (Sugar Maple)	TBA			0%
Wabashikiki Dr., Lot 38 Bugg Hill (Blue Spruce Elder)	TBA			0%
Residential — Remodel				
16393 Attoban Dr.	R & R			0%
15950 Migizi Dr.	Stenslie	12/2/13	6/20/14	99%
39807 US Hwy 169 demo and replace	Double D Const			0%
9302 Hwy 27	R&R Construction	10/24/13	7/3/14	75%
17152 Virgo Rd.	Double D Const	10/28/13	6/23/14	99%
17429 Noopiming Lane	TBA			0%
38957 118th St., Onamia	TBA			0%
43422 Mosey Drive	TBA			0%
45757 US Hwy 169	TBA			0%
Virgo Rd. Wahkon 4 Home Package	Stenslie Const.			0%

Key:

TBA = To be assigned to Project Coordinator

TBC = To be Contracted (Pre-bid posting)

District III Community Development Schedule

Project	Contractor	Start	End	% Complete
Commercial — Remodel				
Community Center Vestibule Entry	Cobra Const.	Aug/Sept		0%
Pine Grove Head Start: Re-roofing	TBA			0%
Residential — New				
Zhingwaak Playground and Park	Midwest PlayScapes	July		50%
Zhingwaak Oodena Phase III Engineering	Loucks	7/1/14		10%
2349 Oshki Odena St., L7, Blk 1 Butternut	Jack's Const.	6/5/14	9/30/14	20%
2305 Oshki Odena St., L8, Blk 1 Blue Spruce	Jack's Const.	6/5/14	9/30/14	15%
2300 Oshki Odena St., L15, Blk 1 Blue Spruce	Jack's Const.	6/5/14	9/30/14	15%
2259 Oshki Odena St., L9, Blk 1 Blue Spruce	Jack's Const.	6/26/14	9/30/14	15%
2235 Oshki Odena St., L10, Blk 1 Butternut	Jack's Const.	6/30/14	9/30/14	0%
2242 Oshki Odena St., L14, Blk 1 Blue Spruce	Jack's Const.	6/30/14	9/30/14	0%
2201 Oshki Odena St., L11, Blk 1 Blue Spruce	Jack's Const.		9/30/14	0%
2210 Oshki Odena St., L12, Blk 1 Blue Spruce	Jack's Const.		9/30/14	0%
2230 Oshki Odena St., L13, Blk 1 Butternut	Jack's Const.		9/30/14	0%
Residential — Remodel				
42314 Crooked Creek Rd.	Nelson Degerstrom	6/6/14	7/14/14	40%
46491 Alma Razor Rd	Nelson Degerstrom			0%
30952 Eagle Feather Dr.	TBA			0%
31528 State Hwy 48	Nelson-Degerstrom	6/25/14	7/18/14	0%
414 1st St. SW	In-Law Const.	11/15/13	5/30/14	99%
41995 Wildlife Rd.	In-Law Const.	3/27/14	6/6/14	95%
63885 Badger Rd.	Nelson-Degerstrom	12/16/13	7/30/14	99%
62650 Grouse Trail	Nelson Degerstrom	3/13/14	6/13/14	99%
62802 Grouse Trail	In-Law Const.	6/17/14		0%
2372 Wigwaas St., Hinckley	Stenslie	5/7/14	7/31/14	65%
305 Fire Monument Rd.	TBA			0%
All Districts/Misc. Projects				
Community Center Generators	Leach Electric			0%

District II Community Development Schedule

Project	Contractor	Start	End	% Complete
Commercial — Remodel				
ALU Re-Roofing	Cobra Const.			5%
Residential — New				
2300 Moose Dr. (demo/replace) new duplex	Jack's Const.	10/7/13	8/31/14	40%
40859 Beach Rd. Quad	Posted for bid			0%
45908 30th Ave., Isle (Butternut w/ garage)	Posted for bid			0%
Round Lake Tract A & B (Duplex)	Posted for bid			0%
Round Lake Tract I (Duplex)	DD Const.			0%
Apple Orchard Lot 2, Blk 11	Double D Const.	5/27/14		15%
20656 Driftwood St. (Walnut)	TBA			0%
20929 363rd Lane (Blue Spruce Elder)	TBA			0%
36103 194th Place	TBA			0%
Residential - Remodel				
21842 Goshawk	TBA			0%
20453 465th Lane	R&R Const.	3/24/13	5/20/14	98%
90 N. Main St., McGregor (demo/replace)	TBA			0%
3345 Sam Dr.	TBA			0%
19734 364th Lane	TBA			0%
19668 364th Lane	TBA			0%
19264 364th Lane	TBA			0%

New Commissioner of Administration Prepared to Serve

Toya Stewart Downey Staff Writer

Like any leader, Catherine Colsrud knew even before she accepted the role as the Commissioner of Administration that it would be a big job.

She knew it meant there would be days with long hours, back-to-back meetings and that there could be times that no matter how hard she tried, it might not be enough on that particular day.

Still, Catherine knew that she was ready for it. She knew that the many years she spent working for the Band and for other tribes had prepared her for her current position as a leader for the Mille Lacs Band.

She was sworn in as the Commissioner of Administration in May – four months later she's still finding out just how big her job really is.

"I have much to learn about my new role, but I already know there is much that I like about this job," she said. "I like how varied the duties are, how every day is different and most importantly, the tribal community members I get to meet."

"I enjoy learning new things and having the opportunity to gain experience on the government side," she said, adding that she had previously worked at the casinos for many years.

Catherine has a long list of goals, some that are very ambitious and some that are less so, but nonetheless the short list is impressive.

The top three include to help Band members in ways that are meaningful to the individual, as "we all have our own journeys and definitions of success." She also wants to help find new revenue streams for the Band and to help interested Band members locate resources for their own small businesses, whether it be a start up or an expansion of an existing business.

The certainty of her goals are based on the work and progress she has seen here and also when she worked for other tribes. She knows how important planning is, and how vital collaboration is, which includes working for the greater good across all three branches of government.

I have seen what we have been able to accomplish here, and also saw what other tribes were doing and I thought that we could do some of those same things here, said Catherine. "I want to be a resource for my tribe."

Catherine said she recognizes that the Mille Lacs Band has some unique challenges that other tribes don't have like a land base that is segmented, which means members are more scattered across tribal lands than other reservations, which are often a single continuous land mass.

Still, she sees opportunity. Someday the Band could have its own radio station, or become owners of a construction company that could employ the many Band members who are skilled construction workers and craftspeople.

"We have to look at the opportunities that will help us grow



Catherine Colsrud being sworn in by Chief Justice Rayna Churchill

and prosper collectively, and also strengthen our families," she said.

Because she is still new to her role, Catherine spends a lot of her time learning about the statutes, the ongoing issues at the federal level and the numerous regulations. She spends a lot of time listening to Elders and community members and talking to her fellow commissioners about best practices in tribal government.

Already, some of the challenges are "how to ensure the programs are delivering the best value and services to participants, because each participants' needs are so different. There isn't a one-size fits all approach that works."

"Our government has grown very large, larger than many small-town governments. Making sure we don't add unnecessary layers to the work getting done is critical," she added.

"We have to be as efficient as possible, while making sure we have enough staff to do the job properly. It's a challenge."

But, she says, finding the balance will be a good challenge for her to take on during her four-year appointment.

Catherine, who graduated from Augsburg College in Minneapolis, started working for Grand Casino more than two decades ago. She worked in both Mille Lacs and Hinckley, most recently as Assistant General Manager and General Manager before assuming the General Manager role at Black Bear Casino and Resort. Her next move was to Iowa to work as General Manager of WinnaVegas Casino. Following that she served as the director of business development and strategic partnership for an Iowa-based startup company.

Then, she came home to work for the Band.

"It's been really nice to reconnect to the people I've known and been friends with but haven't seen for years," she said. "And I'm really enjoying getting to know even more Band Members; that's an enjoyable part of my job. I get to meet new people daily."

"I'm enjoying working on resolving issues that impact Band members... that's the really good part about my job."

— Catherine Colsrud, Commissioner of Administration

When asked about some of the cultural teachings and lessons that she has learned during her lifetime, Catherine shared a story about her dad and what she learned from him at a young age.

"My dad gave me an alarm clock when I was starting the third grade," she said. "I was given the responsibility to get myself up in the mornings and to get ready for school. I felt very grown up, and soon starting waking my brothers up in the mornings."

"I learned responsibility and accountability at an early age. When I was a teenager and forgot that accountability, my dad taught it to me again. That time I had to pay back a credit card that I had gotten on my own and maxed out."

"He said I had to pay it back and he wasn't going to help me. I had to get two summer jobs to pay that back. I was miserable the whole summer — my friends got to go to the beach, the lake, ride around, hang out — I had to work."

"Looking back, those lessons were some of the best I learned. Now I am very careful using credit and I still set an alarm even though I usually wake before it goes off."

Both of Catherine's parents were born during the Great Depression and grew up with hard life lessons of that era. They shared their experiences with their children and Catherine said she believes that those lessons helped shape her perspective about life: working hard, being resourceful and sharing what you have with family.

"My mom also taught me the value of forgiveness, compassion and courage," she said. "I can still hear my mom's voice encouraging me to see other people's point of view and to have compassion for those who are in a different place than I am on our respective journeys."

"She taught me to be courageous in many ways, from being willing to talk about tough issues, to standing up for what's right, and being willing to work hard to protect and provide also takes courage," she added.

"I think most of us grew up with those values, hard work, self-responsibility, accountability, compassion, courage and forgiveness," she said. "I try to use those lessons and values in my everyday life, not just when I'm at work."

Band DNR Partners with Refuge to Protect Common Terns

Deborah Locke Staff Writer

On alternate Fridays through the summer months, Kelly Applegate of the Mille Lacs Band Department of Natural Resources goes by boat to Hennepin Island in Mille Lacs Lake to band common tern chicks and help repair damage to their ground nesting areas. The leg bands help in the study of bird movement and survival.

On opposite Fridays, staff members from the Rice Lake National Wildlife Refuge in the McGregor area boat out to count common tern eggs and chicks. The severe winter last year and recurrent storms with high water levels washed away half the nesting area for the common terns who have raised their young on Hennepin Island for centuries, maybe longer. Hennepin and Spirit Islands in Mille Lacs Lake make up the smallest area of national wildlife preserve in North America. The Hennepin Island nesting colony is one of only five in Minnesota. All of the above means scientists keep a close eye on the habitat, and step in when it's necessary to help.

Like on Fridays.

There's no dock or landing area on Hennepin Island. Boats can't get close to the shore because of rocks. The researchers/biologists jump into Mille Lacs Lake from the boat and trudge

over slick rocks and through algae and weeds to the shore and nesting area where baby chicks will soon put up a fuss.

"They try to fight and bite which is more amusing than anything," said Kelly Applegate, the DNR technician who is pretty widely accepted as the "Bird Man of Mille Lacs" for his knowledge and passion for birds. The chicks are tiny and look like extra fluffy baby ducks as they fiercely snap at the humans. Typically Kelly has banded 100 chicks by the end of summer; this year, he has banded only 10 due to fewer nests.

Reaching nests even on land presents challenges: the tern's eggs are highly prized by the ring-billed gull, a scavenger bird that has also adapted well to human habitats. To prevent the ring-billed gulls from egg theft, string is staked in rows two feet apart which protects the terns and dissuades the gulls.

"Still some gull will sneak through the string and destroy the eggs," Kelly said. "What we're trying to do is not a story of sunshine and roses. We're trying to save the birds from extermination. There should be room for all creatures and diversity in wildlife is a measure of a good quality eco system."

The sentiment is echoed by Walt Ford, a refuge manager with the Rice Lake National Wildlife Refuge. He said that the

common tern has been part of the Mille Lacs community for thousands of years and it's important to preserve the species.

"The cooperative work between the Band and Wildlife Refuge is unique in Minnesota and important so future generations can enjoy the same rich environment," Walt said. "Many of the Bands are doing work to protect species within their reservation boundaries. The level of cooperation with the Mille Lacs Band is unmatched in the state." He said that some bird species like the ring-billed gull adapt well to the presence of humans.

"For other species, human actions are detrimental to their survival," he said. "Human actions have impacted every element of nature. That's why now we go out and maintain the grid for the common tern."

That maintenance translates to a balancing act: missteps at the nesting area means messing up the carefully constructed grid. The string is removed after the birds fly south and then gravel will be distributed throughout the nesting area. Ideally if 1.2 chicks survives each nest, it's enough to keep the species going, Kelly said.

Students Absorb Culture at Anishinaabe Immersion Camp

Byron Ninham Niigaan Program Interim Director

A dozen students explored their roots at the 2014 Summer Anishinaabe Immersion Camp, held at the Mille Lacs Anishinaabe Izhitwaawin Immersion Grounds on July 15-17.

The event – sponsored by the Anishinaabe Izhitwaawin, Niigaan Community and Youth Program, and the Onamia Public School Indian Education Program — aimed to educate students through cultural methods.

12 school kids from Nay Ah Shing, Isle, Onamia, and even one from Canada participated in overnight camping sessions. Five students from McGregor public schools and Minisinaakwaang Leadership Academy also attended for a day.

The participants spent three days learning the Anishinaabe language, the traditional and modern lacrosse game, and beading skills. They also had the opportunity to listen to Mille Lacs Band Elder speakers.

The goal of the camp was to provide youth with an experience that emphasized the importance of the Anishinaabe language and other facets of cultural significance.

John Benjamin, Waabishkigaabaw, taught campers aspects of the Ojibwe language using a visualization method that

featured a series of 16 nouns and verbs in Ojibwe.

After practicing basic lacrosse skills, students learned how to bead earrings and lanyards.

Elders Joe Nayquonabe, Sr. and Larry "Amik" Smallwood spoke to the campers Tuesday and Wednesday evening. Joe focused on growing up in Mille Lacs, veteran services, the dangers of drugs and alcohol, and the importance of education to help our people today. Amik focused on the importance of the traditional Ojibwe ceremonies and how they are rooted in the Ojibwe language.

The event signaled yet another effort to educate the younger generation about the traditions and cultures of their ancestors.

"It was amazing to see the students confidence grow throughout the week," said Chris Nayquonabe, Onamia Public School Indian Education Coordinator. "In the beginning they stumbled through pronunciation, but eventually they were helping and teaching each other."

"We look forward to offering more events like this in the future through this partnership," she said.



Campers participating in a language session.



The campers on their final day at Immersion Camp.



A lacrosse demonstration is given to the campers.



Weweni Gidaa-Doodawaanaanig Ingiw Manidoo-Dewe'iganag Omaa Eyaajig Respecting Our Ceremonial Drums

Lee Staples Gaa-anishinaabemod Obizaan Chato Gonzalez Gaa-anishinaabewibi'ang Ombishkebines

Mii iw azhigwa ani-oditamang da-ni-baakishimindwaa da-ni-aabajichigaazowaad ingiw Manidoo-dewe'iganag eyaajig omaa ishkoniinganig.

We are approaching that time when the ceremonial drums that are here on the reservation will be uncovered and used.

Ashi-bezhig ingiw Manidoo-dewe'iganag gigii-miinigoowizimin. Nisiwag iwidi Minisinaakwaang. Niizhiwag imaa Aazhoomog, miinawaa ingodwaachiwag ingiw Manidoo-dewe'iganag imaa Neyaashing.

We were given eleven drums. Three of them are in East Lake (District 2). Two of them are in Aazhoomog (District 3), and there are six of them in Neyaashing (District 1).

Azhigwa Maadagin zod a'aw Binaakwe-giizis, mii iw endaso-naano-giizhigak miinawaa ishkwaaj-anokiigiizhigak da-ni-aabajichigaazowaad ingiw Manidoo-dewe'iganag biinish a'aw Manidoo-giizisoons.

At the beginning of October every Friday and Saturday the drums will be utilized right up until the month of December.

Ishke dash endaso-dagwaagig miinawaa endaso-zaagibagaag ani-aabajichigaazowaad bebezhi ingiw Manidoo-dewe'iganag. Ishke dash nebowa imaa asemaan miinawaa wiisiniwin naa-go gaye iniw waaboyaanan biinish gaye meshkoodoniganan odininamawaawaan inow Manidoon ingiw Anishinaabeg. Ishke dash mii imaa wenjikaamagadinig ani-naadamaagoowizid a'aw Anishinaabe omaa ishkoniinganig biinish gaye omaa wenjiijig miinawaa-go gaye ingiw biiwidig.

Every fall and every spring the drums will be used one by one. Anishinaabe will offer a lot of tobacco, food, blankets, and also money to the Manidoog. It is from there that the Anishinaabe living on and off the reservation get their help from, and also those from a distance attending the ceremonial dance.

Ishke dash mii iw gaa-onji-miinigoowiziyang ingiw Manidoo-dewe'iganag da-ondinigid a'aw Anishinaabe da-naadamaagoowizid oniigaaniiming. Gidaa-aangwaamizimin weweni da-ni-ganawenimindwaa ingiw Manidoo-dewe'iganag maamawichigewin imaa da-ni-ayaamagak azhigwa bebezhi ani-baakishimindwaa. gida-giige'aanaanig ingiw Anishinaabeg niigaan waa-ni-ayaajig.

That is why we were given these ceremonial drums, as a source of help available for Anishinaabe in their future. We should work hard at taking good care of these drums that we work together when each of these drums are uncovered for use. By doing that we will benefit those Anishinaabe that will exist in the future.

Azhigwa ani-baakishimind a'aw Manidoo-dewe'igan ani-aabajichigaazod, mii imaa ishpiming endanaajimindwaa ingiw Manidoog ayaawaad, mii imaa wenjitawaawaad miinawaa wenjinetawaawaad naadamawaawaad inow Anishinaaben. Booch imaa maamawichigewin da-ni-ayaamagak. Giishpin imaa maanaadak ayaamagak mii-go ge-izhi-naangitaawaapan ingiw Manidoog.

When these drums are opened for use, our old Anishinaabe said that those Manidoog are present above the drums. It is from there they listen to their Anishinaabe and extend their hands down to help them. As a result it is important that we work together during these dances. If negativity is present, those Manidoog will just up and leave.

Ishke mii iw wenji-inindwaa ingiw debendaagozizig eginzozig, "Gego maji-inaaken waadabamajig ingiw debendaagozizig omaa dewe'iganing". Ishke bebezhi ingiw eginzozig imaa Manidoo-dewe'iganing onaabiitawaawaan inow Manidoon. Mii inow ge-maji-inaawaajin maji-dazhimaawaad inow waadabamaawaajin imaa.

That is why drum members are told, "Do not say anything bad about the other drum members you sit with." Each drum member represents a Manidoo. If they were to say something bad about one another that negativity will be directed toward that Manidoo they represent in their position.

Ishke ani-aabiji-ayaamagak imaa maanaadak miinawaa maawawichigewin ayaamagasinok, mii-go da-ni-maajaapan a'aw Manidoo-dewe'igan. Ishke ingiw Anishinaabebaneg gaa-ikidowaad, mii-go iwidi Waabanong jiigigichigaming da-asigishinowaapan ingiw Manidoo-dewe'iganag giishpin weweni ganawenjigaazosigwaa.

If there is always negativity at those dances and drum members are not working together that particular drum could eventually leave us. Our old people said that eventually our drums would collect on the east coast near the ocean if we do not take care of them.

Ishke niswi ingiw Manidoo-dewe'iganag iko gaa-ayaajig, gaawiin geyaabi ayaasiwag. Ishke a'aw bezhig a'aw Manidoo-dewe'igan gii-chaagizo. Ishke dash

gaa-izhichiged a'aw gaa-pimiwinaad inow Manidoo-dewe'iganan, gii-tazhibii imaa awedi bezhig inow Manidoo-dewe'iganan gii-abajichigaazonid. Mii imaa chi-enigok gii-paaga'akokwed imaa gii-wawenabid inow Manidoo-dewe'iganan gaa-aabajichigaazonid. Azhigwa dash gaa-ni-giwwed, mii imaa gii-chaagidenig endaad, mii dash imaa gii-angogaakizonid inow Manidoo-dewe'iganan gaa-kanawenimaajin.

Three of our drums that once existed are no longer here. One of those drums burnt. The drum keeper of that particular drum had gone to a ceremonial dance while he was intoxicated. He was hitting the drum real hard while he was there. When he went home his house burnt and the drum he was taking care of burnt completely in that house fire.

Ishke dash ingiwedig niizh Manidoo-dewe'iganag, mii ingiw gaa-aginzojig apane-go gii-kiikaandiwaad gii-maji-dazhindiwaad, gaawiin i'iw maamawichigewin imaa gii-ayaamagasini azhigwa gii-aayaabaji'aawaad inow Manidoo-dewe'iganan.

Now those other two drums are no longer here. Those who belonged on those drums always argued, talked bad about one another, and did not work together as a group when they had their dances.

Mii dash bezhig a'aw Manidoo-dewe'igan azhigwa gaa-kiizhi-aabaji'aawaad gaa-onaagoshinigin, azhigwa dash gaa-gigizhebaawagadinig gii-pi-dagoshinowaad. Weniban da-abinid inow odewe'iganiwaan.

This one particular drum after it had been used on a Friday evening, when they came the following morning the drum was gone and not sitting there.

Awedi dash bezhig a'aw Manidoo-dewe'igan gaa-wani'ind. Mii a'aw gaa-niigaanizid gii-tibendamookaazod inow Manidoo-dewe'iganan. Gaawiin dash ganabaj ogii-gikendanzin. Mii eta-go awiya ganawendamaaged inow Manidoo-dewe'iganan, gaawiin odibenimaasiin.

The other drum that is no longer here, the headman believed he owned the drum. Maybe he did not know that our teaching is that we do not own the drum that we only take care of it. It belongs to the Manidoog and the people. We do not own it.

Ishke dash azhigwa gaa-iskwa-ayaad a'aw naagaanizid gii-nandodamaage da-ningwa'igaazonid inow Manidoo-dewe'iganan. Mii dash a'aw ishkwaaj apii gii-waabanjigaazod a'aw Manidoo-dewe'igan.

When that old man died he asked that the drum be buried also. Upon his death the drum was no longer seen again.

Ishke dash mii-go dibishkoo gaa-izhiwebizizig, gii-gagwaadiziwag apii gii-niimi'idiikwewaad. Gaawiin imaa maamawichigewin gii-ayaamagasiniin gii-maji-inendindiwig ingiw imaa gaa-tibendaagozizig.

It was the same situation with this drum; the drum members had a difficult time. At each dance they had they did not work together, they only had negative thoughts about one another.

Gaawiin omaa awiya nimaji-inaasiin. Mii eta-go waa-onji-wiindamaageyaan da-gikendang a'aw Anishinaabe. Gaawiin i'iw majayi'ii omaa da-ayaamagasinoon ani-aabajichigaazowaad ingiw Manidoo-dewe'iganag. Mii-go gegapii ge-izhi-maajaawaapan.

I am not saying anything bad about anybody. I am only telling this so our Anishinaabe know what can happen. When there is a lot of negativity in and around these drums when they are used, these drums could eventually just up and leave.

Ishke gaye noongom ezhiwebak i'iwapii ani-aabajichigaazod a'aw Manidoo-dewe'igan, giwaabamaanaan a'aw abinoojiinh noongom gaawiin imaa bizaanabisiin. Mii imaa babaamibatood dibishkoo-go gaawiin odapiitenimaasiin inow Manidoo-dewe'iganan ayaabajichigaazonijin.

What is happening today when the drums are used we see that the kids are not sitting still at these ceremonies. They are running around as if they have no appreciation or respect for the drum that is being used.

Ishke niin gaa-izhi-gikino'amaagooyaan giishpin imaa babaamibatooyaan megwaa imaa endazhi-niimi'idiikeng, bangishinaan indaa-wenda-wiisagishin. Mii gaye gaa-igooyaan, ingii-wiindamaagoo ingiw Manidoog imaa ishpiming ayaawaad megwaa baakishininid inow Manidoo-dewe'iganan. Ingii-igoo, "Odaa-wenda-minwendaanaawaa waabamikwaa ingiw Manidoog bizaan imaa nanaamadabiyan."

What I was taught when I was younger that if I were to run around while I was at these dances, if I were to fall I would really hurt myself. I was also told, that those Manidoog were above that drum while it was being use. I was told that, "The Manidoog would

Continued on page 7

really enjoy seeing you sitting still.”

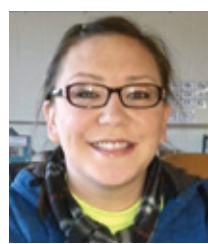
Ishke wenda-apiitendaagoziwag ingiw Manidoo-dewe'iganag, booch a'aw abinoojiinh da-wii-manaaji'aad inow Manidoo-dewe'iganan. Ishke nizegi'igon iko waabandamaan a'aw abinoojiinh ani-apiitenimaasig inow Manidoo-dewe'iganan imaa ebinijin. Mii dash iko omaa gagwejiindizoyaan, "Aaniin danaa aapidek ge-ni-inaadizid a'aw abinoojiinh ani-apiitenimaasig ezhi-manidoowaadizid inow Manidoo-dewe'iganan imaa ebinijin?"

Our ceremonial drums are really thought highly of, and that children are expected to treat them with respect. It scares me to see a child that has no respect for that ceremonial drum that is sitting there. I ask myself, "How will that child live his life in the future if he also has no respect for the sacredness of that ceremonial drum sitting there?"



Gidinwewininaan

Baabitaw Boyd Gaa-ozhibii'ang



This month's article is about understanding children's behaviors as their communication and exercising your awareness of their needs and abilities as a form of personal growth.

Niwii-tazhindaan a'aw nitawigi'ind miinawaa ganawenimind a'aw abinoojiinh. Gaawiin wenipanisinoon ganawendaawasod awiya. Mii-go dibishkoo gekinoo'amaagejig ezhi-zanagadinig ganaweni-

maawaad inow abinoojiinyan gekinoo'amawaawaajin.

Ishke a'aw zenagizid ani-ganawenimind, gegoo-go imaa onjikaamagadini ani-gikinoo'amawind a'aw genawendaawasod. Mii imaa gikinoo'amaagoziyang zakab imaa da-ni-izhi-ayaayang gidinendamowininaan misawaa-go ge-ni-izhichiged a'aw abinoojiinh.

Gaawiin gidaa-nishkaadendanziimin noondawang abinoojiinh mawid moozhag. Booch da-zhawenimang. Dibishkoo-go a'aw abinoojiinh gigikinoo'amaagonaan gegoo ani-ganawenimang maagizhaa gaye gigikinoo'amaagonaan da-bagakendamang da-nishwanaadendizosi-wang, misawaa-go eni-izhichiged a'aw abinoojiinh ani-gagwaanisagizid.

Ishke ingiw abinoojiinyensag gaawiin odayaanziinaawaa i'iw akeyaa ge-izhi-wiindamaagewaad ezhi-misawendamowaad maagizhaa gaye da-ni-wiindamaagewaad wiisagishkaagowaad gegoo. Mii eta-go akeyaa mawiwaad eyaamowaad ani-wiindamaagewaad gegoo misawendamowaad.

Aanind a'aw gechi-ayaawid gaawiin weweni odoodaapinanziin miinawaa gaawiin weweni obizindanziin mawinid inow abinoojiinyan. Dibishkoo-go gaawiin onandawaabandanziin i'iw mesawendaminid inow abinoojiinyan. Booch weweni da-wii-miinigozid a'aw abinoojiinh mesawendang azhigwa mawid. Mii iw ge-naadamaagod a'aw abinoojiinh. Weweni da-izhi-ayaad biinjina odinendamowining eshkam da-ni-gikendang gegoo da-wanishkwe'igosig.

Ishke ingiw abinoojiinyag weweni eni-doodawinjig moozhag dakonindwaa naa weweni ani-ganoonindwaa ani-bizaanabi'indwaa. Mii ingiw wenjida eni-nibwaakaajig oni-igaaniimiwaang. Ishke ingiw abinoojiinyag azhigwa maa minik endaso-biboonagiziwaad miinawaa ani-nitaa-gaagiigidowaad, aanind igo gaawiin igo booch ogikendanziinaawaa da-ni-wawiingeziwaad da-ni-wiindamaagewaad wegonen mesawendamowaad miinawaa weweni da-zaaga'amoomagadinig wenjida wenishkwe'igowaad.

Ishke aanind igo abinoojiinyag aano-go nitaa-gaagiigidowaad gaawiin igo ogashkitoo-siinaawaa da-ni-wiindamaagewaad owapii wenji-zegendamowaad miinawaa zakab wenji-izhi-ayaasigwaa biinjina wenji-minjinaweziwaad.

Ishke dash gaawiin ogikendanziinaawaa ingiw abinoojiinyag enimanji'owaad imaa odinendamowiniwaang. Gaawiin dash ogikendanziinaawaa ge-ni-izhichigewaad, mii dash imaa gemaa da-ni-maazhichigewaad, mii dash imaa da-ni-gikinoo'amawindwaa ingiw abinoojiinyag miinawaa da-ganawaabamindwaa da-gagwe-gikendang dash genawenimigowaajin wenjikaamagadinig imaa eni-izhichiged a'aw abinoojiinh.

Mii dash imaa da-ni-gikinoo'amawind a'aw abinoojiinh azhigwa ani-bitakoshkang gegoo wenishkwe'igod da-ni-maazhichigesig. Giishpin maazhichiged a'aw abinoojiinh, mii eta-go apii da-naniibikimind. Mii dash imaa ani-gikinoo'amawind a'aw abinoojiinh ge-ni-izhichiged da-ni-bitakoshkang gegoo ani-gagwaadagi'igod. Mii iw ge-ikidod a'aw abinoojiinh, "Mii iw gwayak ge-ni-izhichigeyaan ani-bitakoshkamaan o'ow miinawaa."

Mii i'iw ge-ni-izhichiged a'aw abinoojiinh, gaawiin dash oda-ni-wanishkwe'igosiin gikinoo'amawind miinawaa da-ni-naadamaagod azhigwa ani-giwwed. Mii dash a'aw abinoojiinh da-ni-minawaanagwendang i'iw bimaadizid miinawaa da-ni-wenda-minwendang gikinoo'amawind eshkam da-ni-gikendaasod. Mii iniw ogitiziiman ge-naadamaagojin biinish gekinoo'amaagojin da-gikendang a'aw abinoojiinh ge-ni-izhichiged ani-gagwaadagi'igod gegoo. Weweni dash da-wiindamaaged, mii iw wenji-izhiwebiziyaan gagwaadagiziyaan gagwaadigendamaan.

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Wayne Ducheneaux II
Vice-Chairman, Cheyenne River Sioux Tribe
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Veteran and Active Duty Family Flags

The Iskigamizigan Powwow Committee is currently seeking out Mille Lacs Band families that intend to honor a family Veteran and/or Active Duty Band members by flying their US Flag at the upcoming 48th Annual Mille Lacs Band of Ojibwe Traditional Powwow which is being held August 15-17, 2014!

Please note that the Flag raising will take place on Friday, August 15, 2014. All Flags will remain flying for the duration of the powwow and will be illuminated throughout Friday and Saturday nights. The lowering of the Flags will take place Sunday, August 17, 2014 prior to the Adult exhibitions. We strongly encourage you and your family to listen for the MC to announce for your family to start gathering at your Veteran's Flag pole.

If your family intends on honor a veteran in your family during this time, please complete the form, which can be found at: millelacsband.com/district_news/seeking-veteran-active-duty-family-flags. All completed forms can be returned to Tony Pike at email Tony.Pike@millelacsband.com or mail to Attention Powwow Committee, 43408 Oodena Dr., Onamia, Minnesota, 56359.

Deadline to confirm your intention is August 8, 2014!

Keeping the Peace

New police chief seeks to increase sense of community and safety

Deborah Locke Staff Writer/Photographer

When Mille Lacs Band Police Chief Jared Rosati took over as chief in February, he asked his officers to wave at people from their squad cars.

The Chief thought that was a good way to start building a community-based department.

So they waved. Between police calls, they stopped to greet kids who were outside playing basketball. Or they walked through the schools, saying hello.

"My goal is to have every officer be trusted and respected," Chief Rosati said in his District I office on a July day. "The guys laughed when I asked them to wave, but that is where trust starts. Ninety percent of our job is communication with people."

That means his door is open, literally. During an interview, a staff member walked through the Chief's office to use the microwave located near a window. Through a window, you could see a few government center employees taking smoke breaks. The office area is being renovated which means the microwave will find a more permanent location. For now, this Chief is fine with the microwave traffic.

You get the idea that his job is to make everyone's life easier and certainly safer. He's proud of his 24 sworn officers whose patrol areas are spread through 13 counties from McGregor to Lake Lena to Onamia. Technology plays a huge role in effective peace keeping for such a large area. When an officer reports for duty with his partner, they will check the computer terminal in their squad car to see what calls were made on the last shift. They will check audio and camera equipment. They'll pay close attention to any alerts and immediately respond.

"The public does not understand that every day with every shift our officers put their lives on the line," Chief Rosati said. "You won't find a harder working department anywhere. Some officers may handle 10 to 20 calls during a 10-hour shift. They give ten hours of work for ten hours of pay and there's no down time. This isn't Mayberry."

The 1950s Andy Griffith television show set in the fictional town of Mayberry depicted a clownish sheriff's department with little more than petty thefts to resolve. Today's police officers throughout Minnesota address drug addiction and drug traffic, gang activity, domestic violence, felony burglary, gun violence and more. Mille Lacs Band officers try to lessen the amount of crime on the reservation, but know they will never get rid of it completely. Ten percent of the reservation population commits 90 percent of the crime, Chief Rosati said. In the course of answering a call, an officer may encounter badgering and verbal abuse. It's their job to remain professional and bring cases to a resolution. Chief Rosati reminds his officers that the

people doing harm and committing crimes are still human although they are humans making mistakes. Rather than become cynical about people as a whole, this Chief wants his officers to see goodness in spite of their exposure to the worst of human behavior.

Some of that behavior erupted recently with the attempt of an armed robbery at the Grand Market in District I. Officers diffused the situation and made an arrest following the perpetrator's confession. The quick response and resolution builds public confidence in the department, and allays fears that people are unsafe, Chief Rosati said.

Seeking danger

"Most people run away from a dangerous situation and we run toward it," he said. "It takes a certain breed of person who wants to run toward danger."

The Chief knew he was one of the people of that certain breed while in high school in Pine City. His hockey coach was a member of the state patrol. "I admired him," the Chief said. He went on to get a B.A. degree from St. Cloud State University in Criminal Justice. Before assuming his current job, Chief Rosati was a Band Conservation Officer for seven years.

Today most new police officers have two- or four-year degrees in criminal justice. Several members of the MLB Police Department are Emergency Medical Technicians. All of them have basic medical training in the event they respond first on a medical call.

A good police officer thinks clearly while under pressure, and has a good ability to communicate with people, both verbally and non-verbally. They prioritize well and quickly when responding to a call and they can handle multiple details at one time. Their training teaches them to read people: how others hold themselves, what facial expression and eyes reveal.

The Chief's first case was a burglary at the A&W in Pine City. He was a rookie, but remembered well the hands-on lessons from his college instructors who set up mock criminal scenes. Rookie Rosati told his partner that he wanted to dust for fingerprints on a stainless steel table. His partner had doubts. The table held the prints which ultimately led to an arrest and the burglar pleaded guilty.

This is not to say that dusting for prints always yields results. People watch "CSI" on television and presume it's easy to lift prints, Chief Rosati said. That isn't true. The process is far more difficult than anything seen on TV. Now a laser meth-



Mille Lacs Band Police Chief Jared Rosati

od for capturing prints is in development; then the process may become more simplified.

Professional advances

Technology continues to change the communications and forensic side of police work. Other changes have occurred over time. A generation ago police officers were expected to deal with the worst parts of their job and move on without complaint. That bottling up often resulted in health problems and difficulty at home, Chief Rosati said.

Today officers go through a "critical debriefing" after a case involving trauma. If a child died through a drowning, for example, the debriefing would be attended by the ambulance staff, hospital attendants, and police officers: everyone who tried to help. Each professional learns the perspective of the others and discovers that she or he is not alone in their grief.

"We are just people like everyone else," Chief Rosati said. "We do our job here and then go home and we're a husband and a father and a hockey coach. We have other interests: I like to hunt and fish, another officer is into motorcycles. If the public could see our human side, it would help to close the gap between the department and the community. We are a part of the community, we need to be a part of it, but we still have a job to do. We can show respect while doing it."

The Chief was invited to the Band's Department of Natural Resource potluck lunch the day of the interview. He left the Government Center and led the short way to the DNR building where a table weighted with homemade goodness awaited.

The Chief set his lunch down and chatted up the DNR guys. He may not have appeared to be on the job but he was on the job. He was building community.

Immunizations: Why? Who? When?

Donna Hormillosa RN

When August rolls around, parents are preparing for kids to go back to school. In addition to new clothes and school supplies, updating any needed immunizations should be on the checklist. Although this is a good time of the year to think about immunizations for children, it is important to know that kids are not the only ones who need them.

Immunizations or vaccines help our bodies naturally fight infections that develop from invasions of bacteria and viruses. These are bacteria and viruses cause serious disease, disabilities and even death in many parts of the world where vaccines are not available. People in the US who are not protected by immunizations against these diseases can get sick if exposed to the germs when they are brought into the US by immigrants

or travelers. Some of the diseases are infections of the liver (hepatitis A and B), measles, mumps, rubella, chicken pox, pertussis or whooping cough, meningitis, and influenza. By getting vaccinated, a person's immune system is exposed to a weakened or dead form of the germ. It will then make cells that will fight the real germs if the person is ever exposed to them. It will prevent that person from getting seriously sick because his or her body knows how to fight the germs.

Many people are concerned when they see their infant or small child getting multiple shots in one day. The importance of immunizations and what is appropriate for your child should be discussed with your medical provider. You should have an opportunity to have all your questions answered and should be

provided with written information about the vaccines. It is not uncommon to have a minor adverse reaction on the day or a couple days after the shot. This could include low fever, soreness and redness at the injection site, or irritability. An allergic reaction, which is very rare, needs prompt medical attention. Signs of an allergic reaction might include swelling in the face or throat, or hives.

Adults need immunizations too. It is important to discuss vaccination with your medical provider. Recommended vaccines depend on a person's occupation, living arrangement and health conditions. Some vaccines adults may need are hepatitis A and/or B, pertussis, shingles, and influenza.

Cool Spiders and a Sense of Accomplishment

Band members work in partnered Labor and DNR program to clean up toxic waste

Deborah Locke Staff Writer/Photographer

At a site on Hwy. 169 about five miles from the Grand Casino, Mille Lacs Band members participating in the Department of Labor-FLEX labor program hauled tires and garbage from an area that included a deserted, damaged home. The area had accumulated more than 700 abandoned tires and over 40 tons of garbage and refuse.

Cleanup at the site was nearly finished that day as the men tossed tires into a dumpster and then carried away wood from a felled tree. Nails were strewn across the property, often hidden in the mud.

Starting in 2011, the DNR has utilized Labor Department workers for various grant-funded projects, said Todd Moilanen, EPA Brownfield's Coordinator and a Department of Natural Resources staff member. Seven workers are employed by what is known as the "Brownfields Cleanup Project." The number of program workers on a job varies from day to day; on this cool day in June, four men worked at the Hwy. 169 site.

It took four weeks to finish the job. The area now free of

debris will be used for iskgamizigan (a maple syrup camp).

So far FLEX laborers have successfully cleaned up two properties and are scheduled to complete two more projects by fall of 2014. The other sites designated for cleanup are the Ledin property located in the northwest portion of District I and the Hinckley Road project located a mile south of the Grand Casino Hinckley in District III. The laborers, many of them new to the workforce or reentering the workforce, get job experience and wages at the same time the entire reservation environment improves through the removal of unwanted dump sites.

FLEX employee Jordan Smith, who has worked for the DNR for about a month, said that the project taught team work and communication, which are critical components of work that takes place near heavy equipment. What was the most satisfying part of the job?

"When we clean a property up and transform a dump site property to its natural state — it makes me feel like I've accomplished something for my children and their children," he said. "I now have a new appreciation of nature. I saw some pretty cool spiders while cleaning the property — I like to work outdoors."

Todd said that the collaboration benefits the Band in many ways. The hiring of an outside firm to do the work would cost tens of thousands of dollars. Instead of paying a firm to do the work, the Band pays its own Band members for the work. Also, the participants at each site are gaining valuable work experience that they can build on while taking satisfaction in the knowledge that their own reservation is cleaner and healthier because of their work.



Pictured (L-R): Mike Sam, John Smith, Jordan Smith, Chelsea Shaw, Nick Mitchell, and David Smith.

The FLEX labor program was developed to assist Band members who are transitioning from incarceration, inpatient care, drug and alcohol programs and other programs that have hindered them from entering the workforce. This FLEX program gives the individual a sense of pride and valuable work experiences so that the individual can gather learned on-site trades to use on their resumes for future work.

That's exactly what Jordan plans to do, build on his job success. He said he learned about dependability and timeliness from the program and will use that in his next full-time job. The work reminded him of the importance of not littering, and why recycling is important. Next he's going to master painting and taping.

"That way I can add them to my resume for future job placement," he said.

Mille Lacs Corporate Ventures' New Restaurant — Rival House in Downtown St. Paul — Opens for Business

The fried green tomatoes are highly recommended

Deborah Locke Staff Writer/Photographer

The first thing you'll notice about the Mille Lacs Corporate Ventures-owned Rival House Sporting Parlour restaurant at 411 Minnesota Street in St. Paul is the striking décor. Then you'll note the game equipment. Your nose will take note of the huge wood-fired pizza oven in the open kitchen area.

On June 30 the restaurant opened in street-level space that used to be office and employee locker room areas of the DoubleTree Hotel. Last year Mille Lacs Corporate Ventures bought the DoubleTree by Hilton in a two-hotel deal that also included the Crowne Plaza St. Paul Riverfront. The new Rival restaurant is complete except for some wall designs and hangings that will be added soon, as well as a few oversized potted plants to soften the décor.

The DoubleTree hotel restaurant on the second floor will remain open but only breakfast is served. The Rival House staff serves lunch and dinner daily; its hours of operation are 11 a.m. to 1 a.m., seven days a week.



The Rival House menu includes snacks, appetizers, soups, salads, sandwiches, and the popular wood-fired pizzas. Pictured: Rival House cook Robert Davis.

Joseph Nayquonabe, Jr., Commissioner of Corporate Affairs, said that Mille Lacs Corporate Ventures now owns several restaurants. What makes the Rival House unique is that it's the first venture outside of the MLCV's casino operations and its local home base.

"Each restaurant we own is operated differently based on the clientele we are trying to attract," he said. Each has a set of goals that are unique to the venue. For Rival House, three goals were established:

1. Improve the profitability of the entire hotel operation by capturing more food and beverage revenue from hotel guests.
2. Interact with the community better by creating a place for the community to gather and enjoy lunch, dinner or happy hour. "We believe this will generate good word of mouth for the property as a whole and drive business to the hotel," Joe said.
3. Create a better sense of arrival for guests of the hotel.

"The first impression is key in the hospitality business so we wanted to get off to an impressive first step with our guests by reimagining the lobby space and creating the restaurant," he said.

Rob Delmont, Rival House General Manager, said that the ping pong tables, pinball machine, basketball hoop and other sports equipment make the restaurant a unique gathering place. Customers can choose from 24 on-tap craft brews, and with a glass in hand, walk back to the room featuring three full-size ping pong tables where they'll play for free. Or they may settle in before the restaurant's large television screens with a beverage and pizza.

For now, most of the Rival patronage is from out-of-town hotel guests but eventually, it is hoped that downtown residents from both cities and the suburbs become restaurant regulars, Rob said.

Fifteen hundred employees work in an office building immediately across the street, providing what is hoped to be a solid lunch time customer base.

Word of mouth advertising means a lot in this industry. Some customers have ventured over from Minneapolis via the new light rail "Green Line." To attract hockey fans, Rival House will provide shuttle transportation to the Xcel Center for Wild games.

On a hot July afternoon, about 35 lunchtime customers ordered pizza, salads and other entrees. Tabletop games are scattered throughout the restaurant; two customers played chess while eating pizza.

Executive Chef Andy Vyskocil developed the menu that includes snacks, appetizers, soups, salads, sandwiches, and the popular wood-fired pizzas. A full bar serves drinks and, of course, the on-tap craft brews. There are five line cooks and five to seven servers who keep the food moving.

Andy said that while developing the menu, "comfort" food was a priority. He wanted to create appetizers and entrees that would accompany beer and could be shared. His sandwiches are slider size. The most popular salad is the chop salad with grilled chicken and generous slices of avocado. The fried green tomatoes are crispy and flavorful.

Two men at the lunch hour ventured toward the men's bathroom and stopped dead in their tracks. On their right was the large ping pong "Rival Room," something they've probably never seen in a restaurant. The room also provides a good venue for special events like anniversary, wedding and birthday parties.

For more information on the Rival House Restaurant, call 651-255-0645 or visit RivalHouseStPaul.com

Nay Ah Shing School Summer Food Service Program

Nay Ah Shing School is participating in the Summer Food Service Program. Meals will be provided to all children without charge and meet nutritional standards established by the U.S. Department of Agriculture (USDA).

Days of Operation

Now–August 15

Breakfast: 9:00–10:00 a.m.

Lunch: 11:30 a.m.–1:00 p.m.

Adults can purchase breakfast for \$3.00, and lunch can be purchased for \$4.00.

The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment.

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

For additional information visit: millelacsband.com/resources/public-notice-updates

The Essential Careers Program

The Essential Careers Program is designed to strengthen tribal government through higher education by placing Mille Lacs Band of Ojibwe members on a “fast track” to obtain professional degrees deemed critical for the growth of the Band.

Band members interested in participating in the Essential Careers Program must submit all required documents soon. For more details, visit: <http://bit.ly/1k5CS0e>

Are you an Elder or do you know an Elder who has a story to tell?

The Inaajimowin is looking for Elder stories for upcoming issues.

Send your name, contact information, and a brief description of the Elder you would like to feature to Andy McPartland at andy@redcircleagency.com or call 612-248-2051.



DISTRICT 1

ELDER PROFILE

Still Hitting Home Runs

Carol Nickaboine reflects on the importance of education and a critical gift received from her grandmother

Deborah Locke Staff Writer Tiffany Bolk Photographer

At night after her children were in bed. Carol Nickaboine sat at home on the hallway floor doing homework for her college classes. The hallway was the only place in the house where she could read and not disturb anyone's sleep. It was the 1990s and Carol was a grandmother. She knew that if she wanted a halfway decent job, she needed an education.

She got one, after graduating with a two-year general studies degree from Central Lakes College in Brainerd.

For the past 20 years, Carol has taught the Ojibwe language to children enrolled in the District I Head Start program. At 75 she shows no sign of slowing down. The eyes of even the youngest children grow large when Carol enters the room and takes a seat. Head Start teachers gather the children around their language teacher on the floor and the recitation of words starts. For the first five minutes of so, attention is rapt. Then in a flash, a two-year-old crawls away, his attention diverted by a toy. A girl seated in her teacher's lap squirms. One by one the tiny children wiggle and move and Carol looks over.

“They don't last too long,” she said with a smile. Later Carol holds up her picture notebook for the four-year-old children and it's clear that the five minute lessons from years past made a difference. The 15 children knew their Ojibwe words and phrases.

Carol knew Ojibwe as a first language. Her mother died when she was very young and she was raised for a while by her “Grandma Mink” whose Indian name was “Condes.” Condes lived in a home built with federal government funds in about the 1930s, Carol said. Her grandfather was a drumkeeper and attended many ceremonies. Carol remembers the sugarbush season well when as a girl, she carried hundreds of buckets of water to the kettle for boiling. The family lacked material goods but made up for them with a joy for living.

“They were happy,” she said. “The men danced, laughed, no one worried about the electricity bill or the car. They knew what was really important. Everyone learned from each other.”

Grandmother Condes was “skinny” with long braided hair gathered in the back. She whistled a certain way to summon her granddaughter, wore three or four dresses all at the same time, and wore long underwear year 'round. The dresses were given away by nuns every Wednesday afternoon at the local mission church.

But Carol said the finest gift Condes gave her granddaughter was the gift of language. Carol said that Ojibwe words and concepts are so much a part of her life that she even thinks in Ojibwe.



For the past 20 years, Carol has taught the Ojibwe language to children enrolled in the District I Head Start program.

The English lessons likely began at the Pipestone Indian Boarding School when the little girl was six or seven. She attended for two years but did not find the experience to be unpleasant. Meals were served in a large “mess hall;” about 20 Mille Lacs kids attended Pipestone when Carol was there.

She returned home when her dad remarried and attended Vineland Elementary School on the reservation. She then started school in Onamia and like many other Indian children, did not feel welcomed. “There was a lot of racism,” she said. One way to cope? Stick close to your friends. After graduation, Carol had two sons, Vern and Steve. She got married, and had six more children, and in later years, raised two grandsons to adulthood.

“I grew up with my kids,” she said.

She has this advice for young people: stay in school. No one can take your education away from you: it's permanent. She has no regrets, except for the unfortunate death of her son.

She is a skilled seamstress and has made hundreds of quilts in her time. Carol also plays Bingo and looks forward to the “Lifetime” network on television. She really likes to watch a good family drama.

That is not to say she hasn't had her share of drama what with raising children and deciding to return to college later in life and the too-early deaths of her son and husband. But Carol seems to roll with the punches, taking aim at whatever is thrown her way.

For example, as a college student she had to complete a physical education class for credit. She took baseball, and turned out to be a very good batter, rounding the bases to a chorus of cheers.

She doesn't run much now, she said. Time has slowed the body down. Still, her eyes dance when a tiny child raises her arms and waits to be lifted from the floor. To that little one, Carol is one more grandma.

Stay in school. No one can take your education away from you.

— Carol Nickaboine

Mille Lacs Early Education FAQ

Mille Lacs Early Education

What is Head Start and Early Head Start?

Head Start and Early Head Start are federal grant programs that are designed to help low-income children and families. These programs were started to give low-income children educational and social skill opportunities. They also provide training, education, and leadership roles for parents. The Mille Lacs Early Education program operates under these grants. Tribal Head Start programs must have at least 51% of the children enrolled be low-income. Head Start serves children ages 3-5 and Early Head Start serves children ages 0-3. The program is federally funded for 53 Head Start children and 80 Early Head Start children. Funding for 30 Head Start children is received from the State of Minnesota.

In Head Start and Early Head Start children receive a developmental assessment, individualized goals for their education, free breakfast and lunch, health education and services, family goal-setting, and other services.

Head Start hours are 8 a.m. to 3 p.m. on Monday through Thursday and Early Head Start hours run from 8 a.m. to 3 p.m. on Monday through Thursday.

Enrollment Criteria for MLEE Head Start and Early Head Start

Priority is given to low-income families, Mille Lacs Band members, and children with special needs. If all spots in the MLEE program are filled, your child will be placed on a waiting list. As spots become available they are filled with children who meet the enrollment criteria first. Priority must be given to low-income families.

Childcare

Childcare operates before and after the Head Start and Early Head Start time. During Head Start and Early Head Start hours the spaces must be available for children who are enrolled.

Parent Involvement

There are many opportunities for parent involvement in the early education program. A Family Activity Event is held monthly. It is usually the third Wednesday of the month. The Family Activity for September is the Early Education Royalty Pow Wow. Registrations forms may be obtained from Tiffany Sam. The Royalty Pow Wow will be September 24th with supper at 5:30 p.m. and dancing to begin at 6 p.m. Parent orientation and bus safety will be held the same evening at 5 p.m.

Other activities include a pow wow held on the fourth Thursday of the month at 10:30 a.m. A pipe ceremony is held on the first Thursday of the month at 10:45 a.m. Parents are invited to Parents and Pastries every other month to eat breakfast and read with the children. Fatherhood activities are held on a quarterly basis. The classrooms hold special events on a monthly basis.

Parent Policy Council is part of MLEE's governing body structure. It is composed of enrolled parents and interested community members. Policy Council reviews and approves policies, grants, and other information necessary for the grant requirements. Policy Council elections will be on September 24th. If you are interested please contact Tammy Wickstrom at extension 4400.

Health Information

Head Start and Early Head Start stress the importance of health and nutrition. Current Immunizations and physicals are a requirement for enrollment. Immunizations will be reviewed and if your child is behind a letter will be sent home. Children that do not have up to date immunizations may be disenrolled from the program. A physical and dental exam for every child is also required by the grant. **Children will not be able to start school at Wewinabi without a current physical and immunizations.**

If you need help with medical or dental appointments please call Gaylene Spolarich or Wendy Merrill.

Important News from MLEE!

Last year the program had 52 Head Start graduates in all three districts. We wish them continued success in kindergarten.

Americorp

Minnesota Reading Corps Overview: Minnesota Reading Corps is a statewide initiative to help every Minnesota child become a successful reader by the end of 3rd grade. The program places AmeriCorps members as literacy tutors in sites across Minnesota to implement a researched-based early literacy effort to help struggling readers. The Minnesota Reading Corps strategies are designed for both preschool-aged children and K-3rd grade students. Minnesota Reading Corps Preschool Literacy Tutors work with preschool-aged children in their classrooms to create literacy-rich environments, focusing on the "Big Five" emergent literacy skills. Data is regularly collected for each child in order to tailor literacy interventions for individual children, children in small groups, and for whole classrooms. Mille Lacs Early Education will have 4 Literacy Tutors during the 2014-2015 school year. They will be placed in the Head Start classrooms to get children reading ready. If you have any questions concerning the AmeriCorps program at Mille Lacs Early Education, please contact Mary Fletcher at extension 4401.

Open House

Wewinabi will have Open House on August 25th from 3-5 p.m. District II and III will have Open House on August 19th from 2-4 p.m. We welcome families and the public to tour the schools and meet staff.

Mille Lacs Band technician first in Minnesota to outfit purple martins with GPS

Deborah Locke Staff Writer

The size of the Global Positioning System (GPS) device attached to the Mille Lacs Band purple martins belies its importance and begs a question. How could something that puny make such a large difference in the word of bird science?

Turns out the 1.3-gram GPS gives the location of a bird anywhere on the planet to within 30 feet. Turns out also that there is one place in the state where 23 birds have been outfitted with a GPS. That place would be right here, in Mille Lacs Reservation.

Kelly Applegate, MLB's bird expert, is the only trained and authorized person in Minnesota to attach the small devices. He has long had a fascination for purple martins, and spearheads the Band's efforts to increase the number of that bird in Mille Lacs and throughout the state. One way to learn about the bird's habits is to record them as they nest and raise their young in the north and winter in the Yucatan Peninsula south of Cuba. The raw data will be turned over to the Bird Migration Lab at York University in Toronto; next year, scientists will see the research results.

The key to attaching a GPS to a live bird is to move quickly, Kelly said. With the help of a lab assistant, he traps the birds, records the gender, wing span, age, weight and general health, removes a feather for testing, attaches the device that has an antenna the width of a human hair, and then lets the bird fly away. A half hour passes from start to finish. In the process, the martins relax somewhat as though to fake out their captor. Kelly is on to them.

"They look at me a certain way and I know they are thinking of bolting," he said. He has handled thousands of birds over the years, starting when he was ten years old and chased and captured a chicken at a livestock sale.

Today he's still capturing birds, this time to glue on a geographical system the size of thumb nail that will give scientists around the world a better picture of the migration of the purple martin. For generations the people of the Mille Lacs Band have cherished and cared for the purple martins, which require condo-like home structures on poles provided by humans. The population has decreased in recent decades until recent years when the Band Department of Natural Resources made the preservation of the purple martin a priority.

That is largely due to Kelly, who said that as a species, birds are often overlooked. "They are barometers of the health of an environment," he said. "Their beauty and mystique has always fascinated me."

Register Now For a Family Golf Outing in September!

Mille Lacs Corporate Ventures



Mille Lacs Corporate Ventures is currently accepting registration for its first-ever family golf outing. This 9-hole scramble will take place on Sunday, September 7 with a shotgun start at 8 a.m. at the Grand National Golf Club in Hinckley.

Registration is free and is limited to the first 36 teams. Teams must be comprised of two adults and two kids*.

Here's a look at the prizes:

- Door prizes
- Registration goodie bags
- Cash prizes ranging from \$100 to \$400
- Youth "Closest-to-the-pin" contest to win an iPad!

To register your team, please call Beth Gruber at 320-532-8810 or bgruber@mlcorporateventures.com

* kids are considered those 17 years of age and under

Thank You from Diane Gibbs

District III Band Members,

As my time serving you as the Mille Lacs Band D-III Representative comes to a close, I wanted to take a moment and express my thanks. I truly appreciate you letting me do the work.

You spoke. And I was privileged to listen.

You said you wanted to become more self-sufficient as a Band. So we have made plans to renovate Eddy's into a stunning resort. Now a business that had held us up is a business that will move us forward. Construction has begun on this new revenue stream.

You said you wanted more jobs available. A new commercial laundry will do just that, as it meets the laundry needs of our hotel businesses in St. Paul, as well as Grand Casino Mille Lacs and Grand Casino Hinckley.

You said you wanted to see continued growth. So, we're partnering with a medical office in Hinckley, and opening an upscale sports bar in St. Paul. We're also rebranding the St. Paul Crown Plaza into an InterContinental Hotel, bringing a new level of luxury to St. Paul. We have worked tirelessly with several government departments to ensure our community is well represented in all these ventures.

Again, thank you for giving me the opportunity to serve. It's been a true pleasure. Together, we sustain our culture and history as we continue to face the future head on.

Warm regards,

Diane Gibbs

Mille Lacs Band Fun Run

Sunday, August 17
9 a.m.–10:30 a.m.
MLB Powwow Grounds
Free event

Take a short walk around the Mille Lacs Band of Ojibwe Powwow grounds and earn a free gift courtesy of the Mille Lacs Indian Museum and Trading Post. Registration for the walk is located at the pavilion on the powwow grounds. Call 320-532-3632 for more information.

Interested in submitting to the *Inaajimowin*?

Send your submissions and birthday announcements to Andy McPartland at andy@redcircleagency.com or call 612-248-2051.

The September issue deadline is August 15.

First Band Member Hired at Crowne Plaza Hotel in St. Paul

Deborah Locke Staff Writer

Mille Lacs Band member Rosalind León was recently hired in the Human Resources department at the Crowne Plaza hotel in St. Paul — the first Band member to join the staff in the Band-owned establishment. Rosalind reflects on her new position in this Q & A.

What is your title?

Human Resources Coordinator

When did you start your new job?

June 9 of this year.

What is a typical day like for you?

I perform a variety of day-to-day administrative tasks in support of the Human Resources department, like processing employee transactions in the HRIS system. I'm the main point of contact for general HR questions and issues such as benefits. I also create and maintain employee personnel files, coordinate benefits, and assist in special projects.

My duties vary so every day is quite different!

What is the best part of your job?

All of my co-workers at the Crowne Plaza and DoubleTree!

What is the most challenging part of your job?

We don't have an employee cafeteria for breakfast! Just kidding. My prior experience gave me the drive to overcome anything or figure out any issue at hand. It has been a very smooth transition for me.



Pictured (L-R): Amber Reed (Assistant Director Human Resources & Training), Luke Strehlow (Payroll Coordinator), Rosalind León (Human Resource Coordinator), and Michella DeBaun (Director Human Resources).

When did you realize that this was the kind of work you wanted to do?

Probably when I started as a HR Representative at Grand Casino Hinckley in 2011. I knew I loved being in HR because of all of the support we give to the employees.

What preparation do you have for this work?

The experience I gained from my position at Grand Casino definitely prepared me to succeed in this one.

How many employees are at the hotel?

262

What is it like to be the first Band member there?

It feels great to be the first Band member to obtain a job at the Crowne Plaza. They have made me feel very welcomed and part of the team since day one.

48th Annual Traditional Powwow in August

Friday, August 15–Sunday, August 17
Iskigamizigan Powwow Grounds, West side of Lake Mille Lacs



Co-MC's: AMIK and Pete Gahbow

Co-host Drums: Little Otter and Pipestone

Grand Entries: Friday: 7 p.m., Saturday: 1 p.m.–7 p.m., and Sunday: 1 p.m.

Events: Princess & Brave Contest, Best Parade Float Contest, Best Rez Car Contest, Horseshoe Tournament, Moccasin Game, Fun Run (sponsored by the Mille Lacs Indian Museum)

Free: Admission, camping, showers, and firewood (off-site firewood prohibited)

On sale: Powwow t-shirts & jackets and powwow buttons

Food & Craft Vendors: Limited space — reserve early. Contact Carol Hernandez, 320-532-776, ext. 2401

Drum Monies: Drums must have a minimum of five singers. All singers must personally register with their drum and designate one individual who will collect at payout. At least five registered singers must be present at the drum during each roll call in order to be paid for that session.

Veteran & Active Duty Flags: The powwow committee is seeking flags for honoring family members who served. See form at: millelacsband.com/district_news/seeking-veteran-active-duty-family-flags.

Other Information: All dancers must be in appropriate regalia at each grand entry and exhibitions in order to be paid. All tiny tot sessions will be smoke free.

Contact: Carla Big Bear, 320-532-7517 or Kim Sam, 320-224-1646

New Band Elected Officials Sworn In

Chad Germann Photographer

Incoming Band officials – chosen in the June 10 General Election – were officially sworn in during an Inauguration Ceremony on July 8 at Grand Casino Mille Lacs. Carolyn

Shaw-Beaulieu (Secretary-Treasurer), David Niib Aubid (District II Representative) and Harry Davis (District III Representative) were all given the oath of office at the event.



Attendees listen to Chief Executive Melanie Benjamin give her speech.



Newly Elected Secretary/Treasurer Carolyn Shaw-Beaulieu takes her oath.



Newly elected District III Representative Harry Davis gets sworn in.

Wisdom Steps 11th Annual Golf Tournament

Join us Friday, September 12 at the Fond du Lac Black Bear Golf Course in Carleton, Minnesota (I-35 and 210) for a four person scramble at the Wisdom Steps 11th Annual Golf Tournament.

9 a.m. Registration **2 p.m.** Lunch
10 a.m. Shotgun start **3 p.m.** Social hour

There will be electric carts, gift bags, special fun contests, a silent auction, and raffles (including 50/50).

Contact Terri O'Shea for registration: 218-335-8586 (phone), 888-231-7886 (toll-free), 218-335-8080 (fax), or toshea@mnchippewatribe.org (email). To download sponsorship and registration forms, visit millelacsband.com/district_news/11th-annual-wisdom-steps-golf-tournament

All proceeds will go to Wisdom Steps. Wisdom Steps is

a Minnesota state-wide 501c3 Non-Profit preventative health program that relies solely on fundraising, donations, and volunteers to support our health promotion incentive plan. Elders participate year-round in healthy living activities and health screening and are recognized at our Annual Wisdom Steps Conference.



Visit us at wisdomsteps.org to learn more about us and our Wisdom Steps Casino Discount Card worth \$500+ for only \$20 per card (available to all, 18+)!

A special thank you to the Fond du Lac Reservation Business Committee for all their support.

Memorial Honors Former U.S. Congressman Jim Oberstar

Andy McPartland Staff Writer



Pictured (L-R): Governor Mark Dayton, Congressman Rick Nolan, and Chief Executive Melanie Benjamin.

Former U.S. Representative Jim Oberstar, the longest-serving congressman in Minnesota history, died unexpectedly on May 3 at age 79.

Oberstar represented Minnesota's 8th Congressional District, which covers the Iron Range, for 18 terms — from 1975 to 2011.

A memorial was held at Duluth Entertainment and Convention Center on June 27.

Chief Executive Melanie Benjamin was asked by the Oberstar family to speak at the event. The Chisholm-born congressman represented five Bands of Anishinaabe: Bois Forte, Grand Portage, Fond du Lac, Leech Lake and Mille Lacs.

Melanie, who knew Oberstar for 25 years, was honored to speak at the service.

"When Jim first ran for Congress in 1974, he promised to do something to improve life on reservations," she said. "That was a promise that he never broke."

Oberstar dedicated enormous time and effort working for the rights of Native Americans; Melanie said that he "became our good friend and champion."

"Jim was very proud that one of his first votes in 1975 was for the Indian Self-Determination Act," she said. "He was always fighting to improve the lives of the Indian people in his district."

Other speakers at the memorial included Governor Mark Dayton, Senator Al Franken, Senator Amy Klobuchar, Congressman Rick Nolan, and Duluth Mayor Don Ness.

A drum group, which included singers Percy Benjamin, Quintin Bone Sam, John Benjamin and Christopher Spud Gahbow kicked off the memorial.

Melanie shared several stories about her personal interactions with Congressman Oberstar, noting that he genuinely cared about the well being of his constituents.

"I know I speak for every tribe in the 8th District when I say that we will miss him," she said. "If even one elected official in the state has the courage of Jim Oberstar, Minnesota will be better off."

"Rest in peace, old friend," Melanie concluded. "When our history is written, you will be given a place of highest honor. Right now, you hold that place in our hearts."

TRIBAL NOTEBOARD

Happy August Birthday to Mille Lacs Band Elders!

Diane Marie Barstow
 Frances Jean Benjamin
 Wendy May Benjamin
 Clarence Roy Boyd
 Marlys Louise Bushey
 Myrna Joy Ceballos
 Karen Marie Clark
 John Dewey Colstrud, III
 Geraldine DeFoe
 Edward Ernest Dunkley
 Roxanne Julie Emery
 Gary Dean Frye
 Dorinda Fay Garbow
 JoAnne Sue Garbow
 Samuel Garbow, Jr.
 Barbara Maxine Goodman
 Diana Guizar
 Mary Jean Harpster
 Bradley Harrington
 Blaise Eugene Hill
 Robert Martin Houle, Jr.
 George Ben Jackson
 Patricia Clarise Jones
 Doris Kegg
 Lorraine Marian Keller
 Andy Mitchell
 Lynda Lou Mitchell
 Gerry Warden Mortenson
 Delia Ann Nayquonabe
 Victor Dennis Nayquonabe
 Margaret Rose Premo
 Linda Christine Quaderer
 Bruce Anthony Ray
 Theresa Joy Schaaf
 William David Schaaf

David Duane Shaugobay
 Bernadette Smith-Benjamin
 Daniel John Staples
 Connie Jean Taylor
 Janice Louise Taylor
 James Martin Thomas
 Richard Henry Thomas, Jr.
 Sylvester W. Thomas, Jr.
 Barbara Ellen Toth
 John Wayne Towle
 Michael Laverne Wade
 Alrick George Wadena, Jr.
 Diane Wadena
 Carmen Denise Weous
 Juanita Diane Weyaus
 Donna Jean Wind
 Eloise Betsy Wind
 Franklin John Woyak

Happy August Birthdays:

Happy Birthday **PJ** on 8/5 from Antie Rae and Waylon. • Happy Birthday **Bridget Day** on 8/5 from Cass and Travis. • Happy Birthday **Grandma Sharon** on 8/6 from Melodie. • Happy Birthday **Mom** on 8/6 from Ravin. • Happy Birthday **Erik Leecy** on 8/7 from Cass and Travis. • Happy Birthday **Isaiah Jah** on 8/8 from Jah Corner. • Happy Birthday **Bunny** on 8/9 from your sister Vera, and your nieces and nephews. • Happy Birthday **Michael Buck** on 8/10, love your daughter Marissa. • Happy Birthday

Daddy Jah on 8/10 from Jah Corner. • Happy Birthday **Leiaunna** on 8/11 from Antie Rae and Waylon. • Happy Birthday **David Shaugobay** on 8/11 from Florie Flobear. • Happy Birthday **Barbara Dee** on 8/11 from auntie Vera and all your cuzzins. • Happy Birthday **Andrel** on 8/12 from Daddy, Kaitlyn, Boo, RaySean, Adrian, Jr., Adrianna, Alayah, Rachel, and Waylon. • Happy Birthday **Leslie Day** on 8/13 from Cass and Travis. • Happy Birthday **Hayden Fahrlander** on 8/14, love your cousin Marissa. • Happy Birthday **Brad, Sr.** on 8/15 from Valerie & Kids, Rachel & Waylon, Brad, Jr. & Kids, Jay & kids, Randi, Bruce, and girls. • Happy Birthday **Mom and Dad** on 8/15, love Val. • Happy Birthday **Gram Kim and Papa Brad** on 8/15, love Pie and Kev. • Happy Birthday **Dad** on 8/15, love Brad, Jay, Bruce, Randi, Rachel, and Val. • Happy Birthday to our brother **Brad** on 8/15 from your sisters. • Happy Birthday **Jay** on 8/16, love your brothers and sissys. • Happy Birthday **Baby Marcos, Jr.** on 8/16 from Cass and Travis. • Happy 8th Birthday **Shawsha Kay** on 8/16, with love from Mom, Chey, Selena, Dante, Maysun, Soul, Daymon, Brynlee, Rachel, Joe, Simone,

Donny, Sheila, Joey, Simon, Grama Vera, DeaLayna, Stone, Derek, Frankie, Zion, and Bruce. • Happy Birthday **Antie Mick** on 8/20 from Rachel and Waylon. • Happy 17th Birthday **Jordan Garbow** on 8/20, with love from dad, Mary, Selena, Cj, Dante, Maysun, William, Raquil, Shawsha, Soul, Nikkia, Daymon, and Brynlee. • Happy Birthday **Blaze** on 8/23 from Jah Corner. • Happy Birthday **BABS** on 8/25 from Cass and Travis. • Happy Birthday **Mom Caryn** on 8/25 from Cass and Travis. • Happy 1st Birthday **Brynlee** on 8/26 with lots of love from Selena, Mary, Chey, Dante, Maysun, Shawsha, Soul, Daymon, grama Vera, DeaLayna, Stone, Derek, Frankie, Zion, Rachel, Joe, Simone, Donny, Joey, Sheila, Simon, and Bruce. • Happy 10th Birthday **Erika Robertson** on 8/28, we love you! Mom, Gr'ma, Poppa, family, and all the kitties! • Happy Birthday **Lileah** on 8/30 from Papa, Valerie & Kids, Rachel & Waylon, Brad, Jr. and Kids, Jay & kids, Randi, Bruce, and Jayla. • Happy Birthday **Grams Lynda** on 8/30 from Cass and Travis. • Happy Birthday **Sammi Jo** on 8/30 from Cass and Travis. • Happy Birthday to all the **Shaugobays** and **Jones's**, and **Dustin Jones/Sommers** from

David Shaugobay and Florie Lakin/Flobear. • The person who loved me most in this world is mother, **Frances J. Benjamin**. I honor you, love you and praise for all you did. Happy Birthday! May you have many more! Love you Marcey, Scoot and family! Forever yours. • If I would have had a daughter, I would have wanted one like you. I admire you in so many ways. And hope all your dreams come true. Happy Birthday **Erika Robertson!** Love you sooo much, Marcey.

Other

Announcements:

Happy 32nd Anniversary on 8/20 to our wonderful parents, **Barb and Barry!** We love you guys so much. Tara, Erika, and Aarik.

Submit Birthday Announcements

Send name, birthday and a brief message that is **20 WORDS OR LESS** to Andy McPartland at andy@redcircleagency.com or call 612-248-2051.

The deadline for the September issue is August 15.

Mille Lacs Indian Museum August Events

54th Birthday Celebration

Wednesday, August 6

Time: 11 a.m.–4 p.m.

Fee: \$8 adult, \$7 seniors and college students, \$6 children ages 6-17; free for children five and under and MNHS members Help celebrate the Mille Lacs Indian Museum and Trading Post's 54th birthday. Cupcakes and refreshments will be provided. Explore the exhibits and then head next door to shop for Ojibwe arts and crafts at the Trading Post. As part of the celebration there will be 10% off purchases for the day.

We Are Anishinaabe: Our Migration Journey

Saturday, August 9 and Saturday, August 23

Time: 1 p.m. and 2 p.m.

Fee: \$8 adult, \$7 seniors and college students, \$6 children ages 6-17; free for children five and under and MNHS members According to oral tradition, ancestors of the Mille Lacs Band of Ojibwe moved westward from the Atlantic coast of North America. By the mid-1700s they had established themselves in

the region around Mille Lacs lake. Discover the origins of the Ojibwe people in Minnesota in this 30-minute discussion and explore the stories, values and traditions that traveled with them and remain today.

Open House

Sunday, August 17

Time: 11 a.m.–4 p.m.

Explore the Mille Lacs Indian Museum and Trading Post during the annual Open House, when the historic site is open for special Sunday hours and offers free admission. Visit the exhibits including the popular Four Seasons Room with life-size dioramas then head next door to shop for Ojibwe arts and crafts at the Trading Post.

Native Skywatchers — Reach for the Art in the Sky

Wednesday, August 23

Time: Closing ceremony is from 1 p.m.–4 p.m.

View works of art created by Annette S. Lee and William Wilson, which are meant to revitalize Dakota and Ojibwe star knowledge and build community. The public is invited to meet the artists at the closing reception.

Loom Beading Workshop

Saturday, August 30

Time: 10 a.m.–4 p.m.

Fee: \$30/\$25 for MNHS members; additional supply fee \$15 **Reservations:** required three days prior to workshop, call 320-532-3632

Participants will learn the art of loom beading through hands-on experience. Create a design, put it on a loom and learn how to apply the loom work to leather or cloth when it is finished. A light lunch and refreshments will be provided. Children under 18 must be accompanied by an adult. A minimum of five participants required to host workshop.

AUGUST CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6 54th Birthday Celebration 11 a.m.–4 p.m. Mille Lacs Indian Museum More Information on page 14 Chiminsing Bingo 6 p.m. Chiminsing Community Center	7	8	9 We Are Anishinaabe 1 p.m. and 2 p.m. Mille Lacs Indian Museum More Information on page 14
10	11 District III Community Meeting 5:30 p.m. Grand Casino Hinckley — Ballroom Event Center	12	13 DII-A Legislative Committee Meetings 10 a.m.–5 p.m. Chiminsing Community Center	14 DII Legislative Committee Meetings 10 a.m.–5 p.m. East Lake Community Center	15 48th Annual Traditional Powwow Iskigamizigan Powwow Grounds More information on page 12	16 48th Annual Traditional Powwow Iskigamizigan Powwow Grounds More information on page 12
17 Open House 11 a.m.–4 p.m. Mille Lacs Indian Museum More Information on page 14 Mille Lacs Band Fun Run 9 a.m. and 10:30 a.m. MLB Powwow Grounds More Information on page 13 48th Annual Traditional Powwow Iskigamizigan Powwow Grounds More information on page 12	18	19	20 Chiminsing Bingo 6 p.m. Chiminsing Community Center	21	22	23 We Are Anishinaabe 1 p.m. and 2 p.m. Mille Lacs Indian Museum More Information on page 14 Native Skywatchers 1 p.m.–4 p.m. Mille Lacs Indian Museum More Information on page 14
Want your event here? Email andy@redcircleagency.com or call 612-248-2051.		26	27 DII-A Community Meeting 5 p.m. Chiminsing Community Center	28 DII Community Meeting 5 p.m. East Lake Community Center DII-A Sobriety Feast 5:30 p.m. Chiminsing Community Center Urban Area Community Meeting 5:30 p.m. All Nations Indian Church	29	30 Loom Beading Workshop 10 a.m.–4 p.m. Mille Lacs Indian Museum More Information on page 14
31						

Manoominike Giizis Ricing Moon

August is Manoominike Giizis, the ricing moon. Historically our people moved to the shallow lakes of the area where food grows on water (manoomin), to harvest the life force gift of the Creator. As students return to school at Nay Ah Shing, they will be participating in the rice harvesting. Nay Ah Shing staff, in collaboration with MLBO DNR/E and the Mille Lacs Indian Museum Staff, will help to share the historical and biological knowledge regarding this amazing food that has sustained our people for many generations.

A reminder to parents, to please have your child(ren) dressed for the activity. Including long pants with socks and shoes, hat and clothes that can get dirty or wet.

MLB Tribal Police Chief Statement

"As many of you know, on July 9 an armed robbery at knifepoint took place at the Grand Market located on Ataage Drive in District 1. Tribal police officers were informed about the incident at 7:33 p.m. and were on the scene at 7:34 p.m. With the help of Band members, Mille Lacs Corporate Ventures staff, the Mille Lacs County Sheriff's Office and the Onamia Police Department, the suspect was identified and apprehended within hour and is now being held in the Mille Lacs County jail, pending charges from the Mille Lacs County District Attorney's office.

On behalf of the Mille Lacs Tribal Police Department, I would thank the members of the community who stepped forward and assisted tribal officers in locating the suspect. Without the active cooperation of the community, tribal police cannot do our jobs and keep our neighborhoods safe. Thanks again to all the community members who assisted tribal PD.

– Chief Jared Rosati

Treatment of Minors Policy at Ne-la-Shing Clinic

In the State of Minnesota, it is unlawful for a physician or other provider of medical services (physician assistant, nurse practitioner, etc.) to provide care to a minor-child without the permission of the parents or legal guardian. However, the parents or legal guardian may delegate this responsibility to another person, typically a relative. This permission must be in writing.

In order to comply with Minnesota law, we at Ne-la-Shing Clinic have developed a "Treatment of Minors" policy. As part of this policy the parents or legal guardian should obtain a

"Permission to Treat" form from the clinic for each minor child in the family. These will be available at the front desk of the clinic. This form is mean for the parent of legal guardian to appoint or delegate another relative to give permission to the provider of medical care to treat a minor child. Persons appropriate for this would include grandparents, older siblings, aunts or uncles, foster parents. The policy calls for up to three of these forms be used for each minor child. It is best of the individual caring for the minor child carry the "Permission to Treat" so that it is available upon arrival at the clinic. However, the clinic will also strive to keep copies of each of the "Permission to Treat" forms for each family at the clinic.

This policy will be enacted on September 1, 2014. It is hoped that this policy will make the treatment of minor children here at the clinic more efficient while also complying with Minnesota law.

– D.V. Gunderson MD, Medical Director at Ne-la-Shing Clinic

National Breastfeeding Month

Kari DiGiovanni RN

Because August is National Breastfeeding Month, I would like to share some information about why the WIC program and Mille Lacs Band Public Health believes that breastfeeding is the best feeding option for your baby.

Why is breastfeeding best for baby?

- Breast milk is the perfect food for babies.
- Breast milk is easy to digest.
- Breastfed babies are healthier and have fewer infections and illnesses.
- Breastfeeding helps your baby's eyes and brain develop.

Why is breastfeeding best for mom?

- Breastfeeding helps you lose weight and get back into shape.
- Breastfeeding has health benefits like lowering your risk of ovarian cancer, breast cancer and osteoporosis.
- Breastfeeding is great for mother-baby bonding.
- Moms and babies enjoy breastfeeding.

Why is breastfeeding best for families?

- Breastfeeding saves money (no formula or bottle costs, fewer doctor bills and medication costs.
- Breastfeeding saves time. No messy bottles to fix at night, so everyone sleeps better.
- Breastfed babies are easy to take on trips. Just grab the diapers and go!

If you would like more information about how to breast-feed, how breastfeeding works and to avoid difficulty in breast-feeding please contact our Public Health Lactation Counselors:

Kari at 320-532-7457 or Kathy at 320-532-7511.

What is Elder Abuse?

Cindi Douglas Elder Abuse Program Coordinator

Any knowing, intentional, or acts of negligence by caretaker or any other person; this includes family members or close friends that cause harm to an elderly and/or vulnerable adult. Elder abuse is a significant public health problem. Each year, hundreds of thousands of adults over the age of 55 are abused, neglected, or financially exploited.

In the United States alone, more than 500,000 older adults are believed to be abused or neglected each year. Over 67% of the victims are female.

Types of Elder Abuse occur among persons over the age of 55:

- Physical
- Financial Exploitation
- Emotional
- Neglect
- Sexual
- Self-Neglect

Signs of an abused Elderly person

- Unusual or unexplained injuries (cuts, bruises, burns)
- Unkempt appearance
- Pressure or bed sores
- Confinement against will
- Dehydration
- Fear
- Depression/Anxiety
- Helplessness
- Hesitation to talk openly
- Sudden changes in finances

These statistics are likely an underestimate because many victims are unable or afraid to tell the police, family, or friends about the violence.

If you or someone you know is experiencing this; please contact:

Elder Abuse Program at 320-532-7802; 24-Hour Crisis Line: 1-866-867-4006. Karen Boyd (Advocate) 320-630-2676.

Correction: A sentence to a July story about the Dakota/Ojibwe roundtable that took place in District I should have read as follows: The roundtables originated in 2011 when staff at the Historical Society knew they needed Dakota to act as resources in telling the story of the 1862 U.S.-Dakota War.

We regret the error.

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Heating, Water, and Maintenance Problems?

During normal business hours: tenants in Band rentals and Elders living within the service area should call 800-709-6445, ext. 7433, for work orders. **After business hours:** tenants with maintenance emergencies should call 866-822-8538 and press 1, 2, or 3 for their respective district.

Free Hearing Evaluations

Evaluations take place on the second Friday of each month at Ne-la-Shing Clinic. Call 320-532-4163 to schedule an appointment. Walk-ins are welcome — we will do our best to serve you. Ask us about the \$1,000 in hearing aid benefits you can receive from the Circle of Health.

Hearmore Hearing has offices in Saint Paul and Osseo. To schedule an appointment Monday through Friday, call the Saint Paul office at 651-771-4019 or the Osseo office at 763-391-7433.